Informations



Origin and diffusion

Parsley (Petroselinum crispum) is a biennial plantfrom the Apiaceae family, native to the Mediterranean areas.

It grows wild in the woods and meadows in temperate climates ; it does not grow in cold climates.

The leaves and the stems, rarely the roots, are the parts that are most used, both for fresh use and for sauces, soups and fish dishes.

It is often used as an ingredient in dishes and sauces.

For example, it can be chopped and added to salads or tomato sauces, but you could also use the leaves for cooking roasted fish. It has a pungent taste, slightly bitter, that enlivens the taste of all the other spices.